





# 1st Southern African Prostate Cancer Summit

University of Namibia, Windhoek, May 15-17, 2025

Hosts:

University of Namibia (UNAM): Hall, Judith; Christians, Felicia

German Cancer Research Center (DKFZ): Schlemmer, Hans-Peter

Scientific program directors:

University of Namibia (UNAM): Saad, Youssef; Fortsch, Hagen

German Cancer Research Center (DKFZ): Schlemmer, Hans-Peter; Bussmann, Hermann

Organizing Committee:

University of Namibia (UNAM): Saad, Youssef; Spiegel, Melissa

German Cancer Research Center (DKFZ): Mayer, Claudia; Bussmann, Hermann; Neidlein, Lukas

### Faculty:

Albers, Peter	University of Duesseldorf, Germany
Banda, Richard	WHO, Namibia
Brinker, Titus	German Cancer Research Center, Germany
Burger, Henriette	Stellenbosch University, South Africa
Bussmann, Hermann	German Cancer Research Center, Germany
Christians, Felicia	UNAM School of Medicine, Namibia
Coetzee, Lance JE	Pretoria Urology Hospital, South Africa
Emvula, Peggy	Ministry of Health and Social Services, Namibia
Förtsch, Hagen	Ministry of Health and Social Services, Namibia
Görtz, Magdalena	Heidelberg University, Germany
Hall, Judith	University of Namibia, Namibia
Hansen, Rolf	Cancer Association of Namibia, Namibia
Haufiku, Bernard	Africa Public Health Foundation, Kenya
Kidaaga, Fredrick	Namibia Institute of Pathology, Namibia
Liyambo, Laina	A B May Cancer Care Centre, Namibia
Moeti, Matshidiso	WHO Regional Director for Africa
Mutambirwa, Shingai BA	Sefako Makgatho Health Science University, South Africa
Nashidengo, Abdul Rashid	Ministry of Health and Social Services, Namibia
Parkin, Donald Maxwell	African Network of Cancer Registries, United Kingdom
Rukira, Kaenda	Medical Practitioner, Namibia
Saad, Youssef F Yowakim	UNAM School of Medicine, Namibia
Schlemmer, Heinz-Peter	German Cancer Research Center, Germany
Stefan, Cristina D	University of Namibia, Namibia
Stenzl, Arnulf	European Association of Urology, Germany
von Knebel Doeberitz, Magnus	Heidelberg University, Germany
Zeeb, Hajo	Leibniz Institute for Prevention Research and Epidemiology, Germany
Zietsman, Annelle	Windhoek Central Hospital, Namibia







### Day 1: "The Prostate Cancer Epidemic in Southern Africa"

### **Thursday, May 15, 2025**

Master of Ceremony, Opening Ceremony: Christians, Felicia Master of Ceremony, Day 1: Saad, Youssef

07:30 - 08:30 Registration

### **Opening Ceremony**

08:30 – 08:45 Welcome and Acknowledgment of Notable Guests, Partners and Sponsors

### 08:45-09:30 Welcome addresses

- Vice Chancellor UNAM (Matengu, Kamwi Kenneth)
- Scientific Program Director, DKFZ (Schlemmer, Heinz-Peter)
- Pro-Vice Chancellor for Research, Innovation & Development (Stefan, Cristina D.)
- Executive Dean, UNAM, Faculty of Health, Sciences and Vet. Med. (Hall, Judith)
- Minister of Health & Social Services (N.N)
- Patient Representative Organization (Hansen, Rolf)

### 09:30-09:45 Official Opening: President of Namibia

### Keynote Addresses, Chair: Stefan Cristina D., Banda Richard

09:45 – 10:15 WHO Perspective of Cancer (Moeti, Matshidiso)

10:15-10:45 The Cancer Landscape in Africa (Parkin, Donald Maxwell)

10:45 – 11:15 Coffee Break

#### Burden of Prostate cancer in Africa, Chair: Hansen Rolf

11:15 - 11:45 Epidemiology of Prostate Cancer in Africa (Zeeb, Hajo)

11:45 – 12:15 The Namibian National Cancer Registry (Zietsman, Annelle)

12:15 - 14:00 Lunch

### Perspectives for Best Practice Chair: Haufiku Bernard, Mutambirwa Shingai BA

14:00 – 14:30 Prostate Cancer Screening Guidelines in RSA (Coetzee Lance JE)

14:30 – 15:00 Awareness, Cultural and Socioeconomic Challenges (N.N)

15:00 – 15:20 Communities' and District Health Teams' Perspectives on Prostate Cancer (Förtsch, Hagen)

15:20 – 15:40 Three Prostate Cancer Survivors' Journey through the Care Continuum (Namibian PrCa survivors)

15:40 – 16:30 **Panel Discussion**, Chair: Christians, Felicia; Albers, Peter (PPP, MDT Uro-Oncology, NGOs)

18:00 – 21:00 Networking Reception

# End of Day 1







## Day 2: "State-of-the-Art Multidisciplinary Management"

Friday, May 16, 2025

Master of ceremony, Day 2: Rukira, Kaenda

Keynote Address Chair: Zeeb Hajo

09:00 -09:30 European Association of Urology: "EAU meets Africa: Current European Guidelines of Prostate Cancer Diagnosis and Treatment" (Stenzl Arnulf)

#### Diagnosis and Staging Chair: Saad Youssef, von Knebel Doeberitz Magnus

09:30 -10:00 Diagnostic Tests to Detect Prostate Cancer (Albers Peter)

10:00–10:30 Imaging and AI Opportunities (Schlemmer Heinz-Peter)

10:30-11:00 Pathology (Kidaaga Fredrick)

11:00 - 11:30 Coffee Break

#### **Treatment** Chair: Zietsman Annelle, Emvula Peggy

11:30 – 12:00 The Role of Surgery in Prostate Cancer Treatment (Coetzee Lance JE)

12:00 – 12:20 The Role of Radiotherapy in Prostate Cancer Treatment (Burger Henrietta)

12:20 – 12:40 Treatment of Metastatic Disease (Mutambirwa Shingai B.A.)

12:40 – 13:00 Opportunities and Challenges of Digitalization (von Knebel Doeberitz, Magnus)

13:00 - 14:00 Lunch Break

Case presentation and multidisciplinary panel discussion: Urology, Radiology, Radiotherapy Chair: Saad, Youssef; Zietsman, Annelle 14:00 -16:00 MDT UNAM, DKFZ

19:00 - 22:00 Gala Dinner

### End of Day 2







## Day 3: "Looking Ahead: Next Steps for Joint Action"

**Saturday, May 17, 2025** 

Master of Ceremony, Day 3: Liyambo, Laina

Keynote Address Chair: Nashidengo, Abdul Rashid

09:00 -09:30 Early Detection Programs: Opportunities and Challenges (Albers, Peter)

### Parallel Workshops (chosen at registration)

09:30 -10:30 <u>Patient care</u>: Putting Prostate Cancer Care into Practice, Addressing Challenges (Zietsman, Annelle; Bussmann, Hermann)

Research: Community Research Proposal on Early Detection of Prostate Cancer (Nashidengo, Abdul Rashid; Albers, Peter; Schlemmer, Heinz-Peter)
Artificial Intelligence: The potential of digital innovation for prostate cancer

care (Görtz, Magdalena; Brinker, Titus)

10:30 - 11:00 Coffee Break

#### What's next:

Multidisciplinary Panel Discussion on Challenges and Concepts Chair: Hall Judith

11:00 – 11:30 Presentation of Workshop Results (Rapporteurs UNAM, DKFZ)

11:30 – 12:30 Multidisciplinary Panel Discussion and Preparation of Declaration All speakers and Faculty

#### **Closing Ceremony**

12:30 – 13:00 Final Thoughts and Call to Action for Continued Collaboration and Support Acknowledgment of Speakers, Participants, and Volunteers Hall, Judith; Christians, Felicia; Schlemmer, Heinz-Peter

13:00 - 14:00 Lunch

# End of Day 3 and End of the Summit